Excerpted Review from the

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**Reviewer:**
Lisa M. Stulberg
New York University

“An impressive, large-scale mixed-methods, and richly qualitative examination of a program funded by the Lilly Endowment. . . . Clydesdale usefully points to the institutional exigencies that make higher education both a difficult and a fruitful place for change. He finds that these programs, with the right institutional location, leadership, and focus, can make an extremely positive impact on student resilience, engagement, and mental health and on faculty and staff connections to their work and their professional communities. . . . Clydesdale’s book holds higher education to its potential and its promise to nurture our search for purpose on our campuses and—with an important optimism—concludes that this is within our reach.”